

# Player's Code of Conduct

## **Remember the Golden Rule**

Always treat your teammates, coaches, opponents, and officials the way you would like to be treated. That means respect, dignity, and sportsmanship at all times.

## **Be a Good Sport**

Play fair. Be a leader. Set the example. Rise above poor behavior. Have fun.

## **Practice the Fundamentals**

Master the basketball basics. Practice each of the fundamentals –dribbling, shooting, passing, rebounding and defense.

## **Listen to your Coach**

Coaches volunteer their own time to work with your team. Don't waste that time. If you're on the team, your job is to listen attentively to the coach.

## **Be Patient with Your Teammates**

Every player has strengths and weaknesses. Be patient with your teammates as they improve their games. Basketball is a team sport. Success can only come when the entire team plays well together.

## **Learn the Rules**

Read the rule book. You can't claim to "know the game" if you don't know the rules.

## **Never Question an Official**

Officials do not care who wins and they have no favorite players. Officials want nothing more than a game that is fair and safe. And that's no easy job. Make it easier by not talking back to an official.

## **Play Hard**

Hustle never goes out of style. Coaches love players who try a little harder on defense, jump a little higher for rebounds, and dive a little more for those loose balls.

## **Include Your Parents**

Your parents want to see you succeed. Let them into your basketball world, but remind them there are ups and downs and your goal is to have fun.

## **Have Fun**

It's a simple concept. Win or lose, try to enjoy every moment on the court.